

*How will my immigration status be affected if I seek services?*

Everyone can receive services from **The Sex Abuse Treatment Center**, citizens and non-citizens alike.

If you are not a United States citizen, United States national or lawful permanent resident, you may be eligible to stay and work in the United States if you are the victim of certain crimes, including sexual assault, or if you are the victim's spouse, child, parent, or guardian.

If you would like additional information about your rights as an immigrant or you are afraid to report the sexual assault to the police, please call Nā Loio - Immigration Rights and Public Interest Legal Center at 847-8828, or toll-free from the Neighbor Islands at 877-208-8828.

---

*Remember —  
You are not to blame  
for being sexually assaulted.  
You are not alone.*

*We can help.*

**The Sex Abuse Treatment Center**  
**24-Hour Hotline:**  
**524-7273**

This project was supported by Grant No. 2005-WL-AX-0005, awarded by the Office of Violence Against Women, U.S. Department of Justice, and the State of Hawaii, Department of Health. The opinions, findings, conclusions, and recommendations expressed in this publication are those of the authors and do not necessarily reflect the views of the Department of Justice, Office of Violence Against Women.

12/06 1M ENGL

# Am I a Victim of Sexual Assault?

*If so, help is available*



**THE SEX ABUSE  
TREATMENT CENTER**

*A Program of Kapi'olani Medical Center  
for Women & Children*

### *Is what happened to me sexual assault?*

If someone has made you participate in sexual activity against your will, you have been sexually assaulted. It can involve sexual touching over or under your clothes, intercourse, oral sex, being made to touch others sexually or any other sexual activity without your permission.

### *What if I have a relationship with this person?*

#### *Can it still be sexual assault?*

Yes. In fact, people are usually sexually assaulted by someone they know. For example, the abuser could be a husband, a partner, a boss, an acquaintance, or some other person you know.

### *I don't have any physical injuries. Is it still sexual assault?*

Yes. In most cases the abuser does not use a weapon or physical force. Instead you may be threatened, intimidated, or tricked. Using alcohol or drugs is one way abusers trick victims into sexual activity. Also, abusers often take advantage of persons who they believe will not report the sexual assault, such as a spouse, a child, an immigrant, or someone who does not speak English.

### *I have been having trouble eating and sleeping, and sometimes I have nightmares. I also feel afraid and confused. Is this normal?*

Yes. These are common reactions following sexual assault, although every victim is different and experiences sexual assault in their own way.

### *Do I tell my family or friends that I have been sexually assaulted?*

You decide who you want to tell. It can be difficult to share something so personal, yet talking to persons you trust may help you to get through this difficult time. No matter what you decide, remember that you have the right to be safe from sexual assault.

### *Should I report that I was sexually assaulted to the police?*

You decide if you want to report the sexual assault to the police. You are not required to do so.

### *Do I see a doctor if I have been sexually assaulted?*

If you have serious physical injuries you should seek medical attention immediately. Call 911. If you have concerns about contracting a sexually transmitted disease or pregnancy, you should also seek medical attention.

### *Who Can Help Me?*

Sexual assault is a crime and there is help available to you. This may be a confusing time for you. You may not know what to do but it is alright to talk about it, especially with people who are trained to help you. **The Sex Abuse Treatment Center** can provide you with this kind of help, and will keep your information confidential unless you request that the information be shared. If you need an interpreter, one will be provided free of charge.

#### **Call The Sex Abuse Treatment Center Hotline at 524-7273 (24 hours a day).**

One of our staff members will provide you with crisis counseling and information on what you can do next. We offer:

- A free medical examination for the sexual assault (within 72 hours of the assault)
- Free crisis counseling
- Information on your legal options

Remember:

- Any information you tell us is kept strictly confidential
- You do not need to report your sexual assault to the police to receive our services

### *Immigration concerns?*

*see other side for more details.*